

**Instructions:**

Use the scale below to indicate how each statement applies to your actions on the team. Respond as honestly as possible, as this will allow you to most accurately identify any areas of development that you may have.

**Scale:**

3 = Usually

2 = Sometimes

1 = Rarely

**Humble | *My teammates would say:***

- \_\_\_\_\_ 1. I compliment or praise them without hesitation.  
\_\_\_\_\_ 2. I easily admit to my mistakes.  
\_\_\_\_\_ 3. I am willing to take on lower-level work for the good of the team.  
\_\_\_\_\_ 4. I gladly share credit for team accomplishments.  
\_\_\_\_\_ 5. I readily acknowledge my weaknesses.  
\_\_\_\_\_ 6. I offer and accept apologies graciously.  
\_\_\_\_\_ **Total Humility Score**

**Hungry | *My teammates would say:***

- \_\_\_\_\_ 7. I do more than what is required in my own job.  
\_\_\_\_\_ 8. I have passion for the “mission” of the team.  
\_\_\_\_\_ 9. I feel a sense of personal responsibility for the overall success of the team.  
\_\_\_\_\_ 10. I am willing to contribute to and think about work outside of office hours.  
\_\_\_\_\_ 11. I am willing to take on tedious or challenging tasks whenever necessary.  
\_\_\_\_\_ 12. I look for opportunities to contribute outside of my area of responsibility.  
\_\_\_\_\_ **Total Hunger Score**

**Smart | *My teammates would say:***

- \_\_\_\_\_ 13. I generally understand what others are feeling during meetings and conversations.  
\_\_\_\_\_ 14. I show empathy to others on the team.  
\_\_\_\_\_ 15. I demonstrate an interest in the lives of my teammates.  
\_\_\_\_\_ 16. I am an attentive listener.  
\_\_\_\_\_ 17. I am aware of how my words and actions impact others on the team.  
\_\_\_\_\_ 18. I adjust my behavior and style to fit the nature of a conversation or relationship.  
\_\_\_\_\_ **Total Smart Score**

**Scoring:**

Remember, the purpose of this tool is to help you explore and assess how you embody the three virtues of an ideal team player. The standards for “ideal” are high. An ideal team player will have few of these statements answered with anything lower than a ‘3’ (usually) response.

- A score of 18 or 17 is an indication that the virtue is a potential strength.
- A score range of 16 to 14 is an indication that you most likely have some work to do around that virtue to become an ideal team player.
- A score of 13 or lower is an indication that you need improvement around that virtue to become an ideal team player.